

First Year							
Fall Semester	Credits	Major	Gen Ed	Spring Semester	Credits	Major	Gen Ed
ENG 100 or 101	3		W/C	ENG 102	3		W/C
ASC 101	1		INTRO	MTH Gen Ed	3		QL
MTH Gen Ed	3		QL	PSY 220 Child Development	3		SS
Arts & Humanities Gen Ed	3		A&H	Activity Block Choice	2		
HED 210 Healthy Lifestyle Choice	3			DAN 201 Intro to Dance	3		A&H
HPE 200 Introduction to Health and Human Services	3			African American - Gen Ed	3		DIV-AA
<i>Semester Total</i>	16			<i>Semester Total</i>	17		

Second Year							
Fall Semester	Credits	Major	Gen Ed	Spring Semester	Credits	Major	Gen Ed
BIO 266/267 Anatomy & Physiology I (w/lab)	4		NS	EDB 241 Rotation & Seminar 1: Context for Learning	2		
PED 330 Motor Development	3		WAC	EDB 242 Introduction to Education (TAG)	2		WAC
HED 315 Nutrition for Health and Sport	3			ETE 243 Educational Technology I (TAG)	1		
EDC 300: Diversity in Educational Settings	3		DIV-US	DAN 220 Dance for Phys. Educ, Sport, & Exercise	2		
Activity Block Choice	1			BIO 268/269 Anatomy & Physiology II (w/lab)	4		NS
Social Science Gen Ed (non US)	3		SS	HPE 328 Law & Policy	3		
				Activity Block Choice	2		
<i>Semester Total</i>	17			<i>Semester Total</i>	16		

Third Year							
Fall Semester	Credits	Major	Gen Ed	Spring Semester	Credits	Major	Gen Ed
Rotation 2 - HPE 341 Early, Middle Childhood Physl Educ	3		WAC	Rotation 3 -HPE 351 Middle, Adol, Young Adult P.E.	3		
HPE 435 P.E. for Students with Disabilities	4			ETE 352 Educational Psychology (TAG), coreq HPE 351	3		WAC
ETE 343 Educational Technology II (TAG)	1			ETE 353 Educational Technology III (TAG) coreq HED 351	1		
HED 460 Foundations of Coordinator Sch. Hlth. Programs	3			HED 354 Methods & Materials Health Education	3		
PED 322 Kinesiology	3			HED 473 Teaching Human Sexuality	3		
EDL 305 Content Area Literacy	3			PED 324/325 Exercise Physiology (324 lab)	5		
<i>Semester Total</i>	17			<i>Semester Total</i>	18		

Fourth Year							
Fall Semester	Credits	Major	Gen Ed	Spring Semester	Credits	Major	Gen Ed
Internship I: HPE 441 Modes & Models Health & Phy. Educ.	9			HPE 451 Internship II: Teachers as Leaders	12		
HED 450 Theories of Health Behavior	3			HPE 452 Gateway to Profession	3		
HED 471 Substance Abuse Prevention	3			HED 472 Consumer Health	3		
HPE 415 Evaluation in HPE	3						
<i>Apply for Spring graduation prior to Sep 9th Semester Total</i>	18			<i>Semester Total</i>	18		

*Degree Total: 137 credit hours*

Assumptions: college-level readiness in MTH & ENG; no Foreign Language Deficiency

#### College/Program Notes:

The plan above is a suggested guide to ensure that all General Education, College, University, and Major requirements are met within 4 years of study. Students may deviate from the suggested placement of Gen Ed courses, although the M/QL and W/C requirements should be completed during the first year of study.

#### University Notes:

Gen Ed Key:	
INTRO = Introduction to University Life Requirement (one course)	SS = Social Sciences Requirement (2 courses, one of which must be focused outside the US**)
W/C = Writing/Composition Requirement (two courses; C or better required)	A&H = Arts & Humanities Requirement (2 courses, one must be focused outside the US**)
M/QL = Mathematics/Quantitative Literacy Requirement (two courses)	DIV = Social Diversity Requirement (2 courses; one US Diversity and one African American Exp.)
NS = Natural Sciences (two courses, one of which must have a lab)	WAC/SPAC = Writing/Speaking Across the Curriculum Requirement (3 courses, one in the major)
	CAP = Capstone Requirement
** of the SS and A&H courses focused outside the US, one must be focused on Africa, Latin America, Asia or the Middle East (ALAAME)	

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#### Rotation & Internship Content:

Rotation One: EDB 200 and EDB 301  
 Rotation Two: PED 301 Early, Middle Childhood PE  
 Rotation Three: EDB 302 & PED 302  
 Internship One: Practicum  
 Internship Two: Gateway and Student Teaching

NOTE: This map does not include 6 credits of foreign language

#### Activity Block Choices - 7 hours required)

#### Invasion Games (1 hr in this area required)

PED 231 Football, Rugby, Lacrosse - 1 hr  
 PED 232 Soccer, Team Handball, Ultimate Frisbee, Basketball - 1 hr

#### Tennis/Net Games (1 hr in this area required)

PED 233 Tennis, Badminton, Table Tennis - 1 hr  
 PED 234 Pickleball, Volleyball, Wall Handball - 1 hr.

#### Target Games ( 1 hr in this area required)

PED 235 Archery, Golf, Bowling - 1 hr

#### Fitness (1 hr in this area required)

PED 236 Intro to Physical Conditioning - 1 hr

#### Adventure Activities (1 hr in this area required)

PED 221 In-Line Skating & Cycling - 1 hr  
 PED 222 Rock Climbing & Backpacking - 1 hr  
 PED 240 Adventure Sports - 2 hrs)

#### Dance & Movement - 2 hrs in this area required)

DAN 220 Dance for Physical Education, Fitness, & Sport - 2 hrs