

Cleveland State University
College of Education and Human Services
Bachelor of Science in Education
Exercise Fitness Specialist
NEW FALL 2014

First Year

Fall Semester	Credits	Major	Gen Ed	Spring Semester	Credits	Major	Gen Ed
ASC 101 Intro to University Life	1		INTRO	ENG 102 College Writing II	3		W/C
ENG 100 or ENG 101 Collge Writing I	3		W/C	Arts/Humanities Gen Ed Requirement (from dept other than DAN; non-US focus)	3		A&H
Quantitative Literacy Req (Rec. MTH 116)	3		M/QL	Quantitative Literacy Req (Rec. MTH 117)	3		M/QL
PSY 101 Intro to Psychology	3		SS	PED 205 Intro to Sport/ExerSci	3	X	
PES/PED Physical Skill Course #1	1	X		HED 210 Healthy Lifestyle Choices	3	X	
HPR 250 Diversity in Sports	3		DIV-US				
<i>Semester Total</i>	14			<i>Semester Total</i>	15		

Second Year

Fall Semester	Credits	Major	Gen Ed	Spring Semester	Credits	Major	Gen Ed
PED 315 Group Exericse Instruction	3	X		HED 360 Health Promotion at the Workplace	3	X	
PES/PED Physical Skill Course #2	1	X		Approved HHP Elective #1	3	X	
BIO 266 Anatomy and Physiology I	3		NS	BIO 268 Anatomy and Physiology II	3		NS
BIO 267 Anatomy and Physiology I Lab	1		NS	BIO 269 Anatomy and Physiology II Lab	1		NS
African American Gen Ed Req't (must also qualify as WAC)	3		DIV-AA WAC	Social Sciences Gen Ed Requirement (from dept other than PSY; non-US focus)	3		SS
DAN 201 Introduction to Dance	3		A&H	Approved HHP Elective #2	3	X	
<i>Semester Total</i>	14			<i>Semester Total</i>	16		

Third Year

Fall Semester	Credits	Major	Gen Ed	Spring Semester	Credits	Major	Gen Ed
PED 466 Sport/Fitness Facility Management	3	X	WAC	HED 475 Nutrition and Physical Activity	3	X	WAC
HED 450 Theories of Health Behavior	3	X		PED 324 Physical Fitness	2	X	
PED 322 Kinesiology	3	X		PED 325 Physiology of Exercise	3	X	
HHP Approved Elective #3	3	X		Approved HHP Elective #4	3	X	
MLR 301 Principles of Management	3	X		PED 328 Legal/Admin of PE/Sport	3	X	
<i>Semester Total</i>	15			<i>Semester Total</i>	14		

Fourth Year

Fall Semester	Credits	Major	Gen Ed	Spring Semester	Credits	Major	Gen Ed
PED 435 Phys Ed for Students with Disabilities	4	X		PED 445 Gateway to the Profession	3	X	CAP
PED 472 Physiology of Aging	3	X		PED 480 Intern(8cr) & 4 credits Elec OR PED 481	12	X	
PED 470 Exercise Testing and Prescription	3	X		PES/PED Physical Skill Course #3	1	X	
PED 415 Evaluation in Physical Education	3	X					
Free Elective	3						
<i>Semester Total</i>	16			<i>Semester Total</i>	16		

Degree Total: 120 Credit Hours

College/ Program Notes: HHP Approved Electives (12 credits), see Dept for Complete List. Free Elective (any dept)

The plan above is a suggested guide to ensure that all General Education, College, University, and Major requirements are met within 4 years of study. Students may deviate from the suggested placement of Gen Ed courses, although the M/QL and W/C requirements should be completed during the first year of study.

Students must have a **minimum of 120 total credit hours**

University Notes:

Gen Ed Key:	
INTRO = Introduction to University Life Requirement (one course)	SS = Social Sciences Requirement (2 courses, one of which must be focused outside the US**)
W/C = Writing/Composition Requirement (two courses; C or better required)	A&H = Arts & Humanities Requirement (2 courses, one must be focused outside the US**)
M/QL = Mathematics/Quantitative Literacy Requirement (two courses)	DIV = Social Diversity Requirement (2 courses; one US Diversity and one African American Exp.)
NS = Natural Sciences (two courses, one of which must have a lab)	WAC/SPAC = Writing/Speaking Across the Curriculum Requirement (3 courses, one in the major)
** of the SS and A&H courses focused outside the US, one must be focused on Africa, Latin America, Asia or the Middle East (ALAAME)	CAP = Capstone Requirement

Cleveland State University
College of Education and Human Services
Bachelor of Science in Exercise Science
NEW FALL 2014

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Cleveland State University
College of Education and Human Services
Bachelor of Science in Education
Sport Management
NEW FALL 2014

First Year

Fall Semester				Spring Semester			
	Credits	Major	Gen Ed		Credits	Major	Gen Ed
ASC 101 Intro to University Life	1		INTRO	ENG 102 College Writing II	3		W/C
ENG 100 or ENG 101 Collge Writing I	3		W/C	Quantiative Literacy Requirement (Rec. MTH 117)	3		QL
Quantiative literacy Requirement (Rec. MTH 116)	3		M/QL	PED 200 Foundations of Sport, Exer, & Mo	2	X	
Arts/Humanities Gen Ed Requirement (from dept other than DAN; non-US focus)	3		A&H	IST 203 Software Tools	3	X	
PES/PED Physical Skills Elective #1	1	X		Social Science Gen Ed Requirement (from dept other than ECN; non-US focus)	3		SS
HED 210 Healthy Lifestyle Choices	3			PES/PED Physical Skills Elective #3	1	X	
PES/PED Physical Skills Elective #2	1	X					
<i>Semester Total</i>	15			<i>Semester Total</i>	15		

Second Year

Fall Semester				Spring Semester			
	Credits	Major	Gen Ed		Credits	Major	Gen Ed
HED 315 Nutriton Health & Sport	3	X		PED 205 Intro to Sport Management	3	X	
ECN 201 Principles of Macroeconomics	3		SS	PED 328 Legal/Admin in Sport/PE	3	X	
BIO 266 Anatomy and Physiology I	3		NS	GAD 250 Business Communications	3	X	WAC
BIO 267 Anatomy and Physiology I Lab	1		NS	BIO 268 Anatomy and Physiology II	3		NS
HPR 250 Diversity and Sports	3		DIV-US	BIO 269 Anatomy and Physiology II Lab	1		NS
DAN 201 Introduction to Dance	3		A&H	African American Gen Ed Requirement (must also qualify as WAC)	3		DIV-AA WAC
<i>Semester Total</i>	16			<i>Semester Total</i>	16		

Third Year

Fall Semester				Spring Semester			
	Credits	Major	Gen Ed		Credits	Major	Gen Ed
MLR 301 Principles of Management	3	X		HHP Approved Elective #2	3	X	
PED 430 Psychosocial Aspects of Physical Activity	3	X		PED 324 Physical Fitness	2	X	
PED 322 Kinesiology	3	X		PED 325 Physiology of Exericse	3	X	
PED 461 Sport Governance	3	X		HHP Approved Elective #3	3	X	
HHP Approved Elective #1	3	X		PED 467 Sport Marketing	3	X	
<i>Semester Total</i>	15			<i>Semester Total</i>	14		

Fourth Year

Fall Semester				Spring Semester			
	Credits	Major	Gen Ed		Credits	Major	Gen Ed
PED 435 Phys Ed for Students with Disabilities	4	X		PED 445 Gateway to the Profession	3	X	
PED 469 Fundraising in Sport	3	X		PED 481(12) or PED 480 intern(8) & 4 cr free elective	12	X	
PED 466 Sport/Fitness Facility Management	3	X	WAC				
HHP Approved Elective #4	3	X					
PES/PED Physical Skills Elective #4	1	X					
<i>Semester Total</i>	14			<i>Semester Total</i>	15		

Degree Total: 120 Credit Hours

College/ Program Notes:

The plan above is a suggested guide to ensure that all General Education, College, University, and Major requirements are met within 4 years of study. suggested placement of Gen Ed c Students may choose the option of an 8 or 12 credit. internship. Students choosing 8 credits must also take a minimum of 4 credits free electives (any 100 level course or above) to meet

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Allied/Sport Management
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