

**Cleveland State University**  
**College of Education and Human Services**  
**Bachelor of Science in Exercise Science**  
**NEW FALL 2018**

<b>First Year</b>								
<b>Fall Semester</b>	<b>Credits</b>	<b>Major</b>	<b>Gen Ed</b>	<b>Spring Semester</b>	<b>Credits</b>	<b>Major</b>	<b>Gen Ed</b>	
ASC 101 Intro to University Life	1		INTRO	ENG 102 College Writing II	3		W/C	
ENG 100 or ENG 101 College Writing I	3		W/C	Arts/Humanities Gen Ed Requirement (from dept other than DAN; non-US focus)	3		A&H	
Quantitative Literacy Req (Rec. MTH 116 )	3		M/QL	Quantitative Literacy Req (Rec. MTH 117)	3		M/QL	
PSY 101 Intro to Psychology	3		SS	PED 205 Intro to Sports Management	3	X		
PES/PED Physical Skill Course #1	1	X		HED 210 Healthy Lifestyle Choices	3	X		
HPR 250 Diversity in Sports	3		DIV-US	Free elective	1			
<i>Semester Total</i>	<b>14</b>			<i>Semester Total</i>	<b>16</b>			

<b>Second Year</b>								
<b>Fall Semester</b>	<b>Credits</b>	<b>Major</b>	<b>Gen Ed</b>	<b>Spring Semester</b>	<b>Credits</b>	<b>Major</b>	<b>Gen Ed</b>	
PED 315 Group Exercise Instruction	3	X		HED 360 Health Promotion at the Workplace	3	X		
PES/PED Physical Skill Course #2	1	X		Approved HHP Elective #1	3	X		
BIO 266 Anatomy and Physiology I	3		NS	BIO 268 Anatomy and Physiology II	3		NS	
BIO 267 Anatomy and Physiology I Lab	1		NS	BIO 269 Anatomy and Physiology II Lab	1		NS	
African American Gen Ed Req't (must also qualify as WAC)	3		DIV-AA WAC	Social Sciences Gen Ed Requirement (from dept other than PSY; non-US focus)	3		SS	
DAN 201 Introduction to Dance	3		A&H	Approved HHP Elective #2	3	X		
<i>Semester Total</i>	<b>14</b>			<i>Semester Total</i>	<b>16</b>			

<b>Third Year</b>								
<b>Fall Semester</b>	<b>Credits</b>	<b>Major</b>	<b>Gen Ed</b>	<b>Spring Semester</b>	<b>Credits</b>	<b>Major</b>	<b>Gen Ed</b>	
PED 466 Sport/Fitness Facility Management	3	X	WAC	HED 475 Nutrition and Physical Activity	3	X	WAC	
HED 450 Theories of Health Behavior	3	X		PED 470 Exercise Testing and Prescription	3	X		
PED 322 Anatomical Kinesiology	3	X		PED 439 Therap Recreation/Disability	3	X		
PED 324 Physical Fitness	2	X		PED 494 Biomechanics	3	X		
PED 325 Physiology of Exercise	3	X		PED 328 Legal/Admin of PE/Sport	3	X		
<i>Semester Total</i>	<b>14</b>			<i>Semester Total</i>	<b>15</b>			

<b>Fourth Year</b>								
<b>Fall Semester</b>	<b>Credits</b>	<b>Major</b>	<b>Gen Ed</b>	<b>Spring Semester</b>	<b>Credits</b>	<b>Major</b>	<b>Gen Ed</b>	
Approved HHP Elective #3	3	X		PED 445 Gateway to the Profession	3	X	CAP	
PED 472 Physiology of Aging	3	X		PED 480 Intern(8cr) & 4 credits Elec OR PED 481	12	X		
PED 471 Exercise Programs for Special Populations	3	X		PES/PED Physical Skill Course #3	1	X		
HPE 415 Evaluation in Health and Human Performance	3	X						
Free Elective	3							
<i>Semester Total</i>	<b>15</b>			<i>Semester Total</i>	<b>16</b>			
<b>Degree Total: 120 Credit Hours</b>								

**College/ Program Notes:** HHP Approved Electives (9 credits), see Dept for Complete List. Free Elective (any dept)

The plan above is a suggested guide to ensure that all General Education, College, University, and Major requirements are met within 4 years of study. Students may deviate from the suggested placement of Gen Ed courses, although the M/QL and W/C requirements should be completed during the first year of study.

Students must have a **minimum of 120 total credit hours**

**University Notes:**

<b>Gen Ed Key:</b>	SS = Social Sciences Requirement (2 courses, one of which must be focused outside the US**)
INTRO = Introduction to University Life Requirement (one course)	A&H = Arts & Humanities Requirement (2 courses, one must be focused outside the US**) W/C
= Writing/Composition Requirement (two courses; C or better required)	DIV = Social Diversity Requirement (2 courses; one US Diversity and one African American Exp.)
M/QL = Mathematics/Quantitative Literacy Requirement (two courses)	WAC/SPAC = Writing/Speaking Across the Curriculum Requirement (3 courses, one in the major)
NS = Natural Sciences (two courses, one of which must have a lab)	CAP = Capstone Requirement
** of the SS and A&H courses focused outside the US, one must be focused on Africa, Latin America, Asia or the Middle East (ALAAME)	

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