

Cleveland State University
College of Education and Human Services
Bachelor of Science in Education
 Physical Education and Sport (Health Education and Physical Education)

First Year								
Fall Semester	Credits	Major	Gen Ed	Spring Semester	Credits	Major	Gen Ed	
ASC 101 Intro to Univ Life	1		INTRO	ENG 102 College Writing II	3		W/C	
ENG 100 OR ENG 101 College Writing	3		W/C	MTH 117 Math Applications in the Real World	3		M/QL	
MTH 116 Foundations of Quantitative Literacy	3		M/QL	PSY 220 Child Development	3	x	SS	
Arts & Humanities ALAAME**	3		A&H	Activity Block Choice (two courses)	2	x		
HED 210 Healthy Lifestyle Choices	3	x	SS	African American Diversity*	3		DIV-AA	
HPE 200 Intro to Hlth & Human Perform Prof	3	x		DAN 201 Intro to Dance	3	x	A&H	
<i>Semester Total</i>	<i>16</i>			<i>Semester Total</i>	<i>17</i>			

Second Year								
Fall Semester	Credits	Major	Gen Ed	Spring Semester	Credits	Major	Gen Ed	
BIO 266/267 Anatomy & Physiology I (w/lab)	4	x	NS	EDB 241 Rotation 1: Social Context of Urban Education	2	x	WAC	
HED 315 Nutrition for Health & Sport	3	x		EDB 242 Intro to Educ (TAG) coreq EDB 241	3	x	US-DIV	
PED 330 Motor Learning & Development	3	x		ETE 243 Educ Tech I coreq EDB 241	1	x		
EDC 200 Diversity in Educational Setting	3	x	DIV-US	PED 220 Dance for Phy Edu, Sport, & Exercise	2	x		
Activity Block Choice	1	x		BIO 268/269 Anatomy & Physiology II (w/ Lab)	4	x	NS	
Activity Block Choice (two courses)	2	x		PED 328 Law and Policy in HPE & Sport	3	x		
<i>Semester Total</i>	<i>16</i>			<i>Semester Total</i>	<i>15</i>			

Third Year								
Fall Semester	Credits	Major	Gen Ed	Spring Semester	Credits	Major	Gen Ed	
HPE 341 Early & Middle Childhood Phy Edu (Rotation 2)	3	x		HPE 351 Middle & AYA Phy Education (Rotation 3)	3	x		
HPE 435 Physical Edu for Students with Disabilities	4	x		EDB 302 Psychological Foundations of Education (TAG)	3	x	WAC	
ETE 343 Educ Tech II	1	x		ETE 353 Educ Tech III coreq HPE 351	1	x		
HED 460 Coordinated School Health Program	4	x	WAC	HED 354 Methods and Materials in Health Education	3	x		
PED 322 Kinesiology	3	x		HED 473 Teaching Human Sexuality	3	x		
EDL 305 Content Area Reading	3	x		PED 324 Physical Fitness	2	x		
<i>Semester Total</i>	<i>18</i>			<i>Semester Total</i>	<i>18</i>			

Fourth Year								
Fall Semester	Credits	Major	Gen Ed	Spring Semester	Credits	Major	Gen Ed	
HPE 441 Modes & Models for Health & Phy Edu (Internship I)	9	x		HPE 451 Internship II: Teachers as Leaders	12	x	CAP	
HED 471 Substance Abuse Education	3	x		HPE 472 Consumer Health	3	x		
HED 450 Facilitating Behavior Change	3	x		HPE 452 Gateway to the Profession	3	x		
HPE 415 Evaluation in Health and Human Performance	3	x						
<i>Apply for Spring graduation prior to Sep 9th Semester Total</i>	<i>18</i>			<i>Semester Total</i>	<i>18</i>			

Degree Total: 136 credit hours

Assumptions: college-level readiness in MTH & ENG; no Foreign Language Deficiency

College/Program Notes:

The plan above is a suggested guide to ensure that all General Education, College, University, and Major requirements are met within 4 years of study. Students may deviate from the suggested placement of Gen Ed courses, although the M/QL and W/C requirements should be completed during the first year of study.

University Notes:

Gen Ed Key:	SS = Social Sciences Requirement (2 courses, from different departments)
INTRO = Introduction to University Life Requirement (one course)	A&H = Arts & Humanities Requirement (2 courses, from different departments)
W/C = Writing/Composition Requirement (two courses; C or better required)	DIV = Social Diversity Requirement (2 courses; one US Diversity and one African American Exp.)
M/QL = Mathematics/Quantitative Literacy Requirement (two courses)	WAC/SPAC = Writing/Speaking Across the Curriculum Requirement (3 courses, one in the major)
NS = Natural Sciences (two courses, one of which must have a lab)	CAP = Capstone Requirement
** Select an A&H course focused on Africa, Latin America, Asia or the Middle East (ALAAME)	

Activity Block Choices (5 hours required)

Invasion Games (1 hour in this area required)
PED 231 Football, Rugby, Lacrosse / **PED 232** Soccer, Team Handball, Ultimate Frisbee, Basketball
 Tennis/Net Games (1 hour in this area required)
PED 233 Tennis, Badminton, Table Tennis / **PED 234** Pickleball, Volleyball, Wall Handball
 Target Games (1 hour in this area required)
PED 235 Archery, Golf, Bowling

Fitness (1 hour in this area required)
PED 236 Intro to Physical Conditioning
 Adventure Activities (1 hour in this area is required)
PED 221 In-Line Skating & Cycling / **PED 222** Rock Climbing & Backpacking / **PED 240** Adventure Sports