

Cleveland State University
College of Education and Human Services
Bachelor of Science in Education
Exercise/Fitness Specialist

First Year

Fall Semester				Spring Semester			
	Credits	Major	Gen Ed		Credits	Major	Gen Ed
ASC 101 Intro to University Life	1		INTRO	ENG 102 College Writing II	3		W/C
ENG 101 College Writing I	3		W/C	MTH 117 Math Applications in Real World	4		M/QL
MTH 116 Foundations of Quantitative Literacy	4		M/QL	PED 205 Intro to Sport Management	3	X	
PSY 101 Intro to Psychology	4		SS	HED 210 Healthy Lifestyle Choices	3	X	
HPR 250 Diversity and Sports	3	X	US-DIV	Arts & Humanities Elective (NOT DAN)**	3-4		A&H
<i>Semester Total</i>	<i>15</i>			<i>Semester Total</i>	<i>16-17</i>		

Second Year

Fall Semester				Spring Semester			
	Credits	Major	Gen Ed		Credits	Major	Gen Ed
PED Forms of Movement Group I	1	X		HED 359 Principles of Health Education	3	X	
PED 200 Foundations of Sport, Exercise, & Movement	2	X		PED Forms of Movement Group II	1	X	
BIO 266/267 Anatomy & Physiology I w/Lab	4	X	NS	BIO 268/269 Anatomy & Physiology II w/Lab	4	X	NS
African American Diversity Elective**	3-4		AA-DIV	HED 200 First Aid/Emergency Care	2	X	
DAN 201 Introduction to Dance	3	X	A&H	Social Sciences Elective (NOT PSY)**	3-4		SS
Personal Skills (PES/PED) Elective	1-2	X					
<i>Semester Total</i>	<i>14-16</i>			<i>Semester Total</i>	<i>13-14</i>		

Third Year

Fall Semester				Spring Semester			
	Credits	Major	Gen Ed		Credits	Major	Gen Ed
PED 466 Sports Facility Management	3	X	WAC	HED 475 Nutrition & Physical Activity	3	X	WAC
PED 430 Psychosocial Aspects of Physical Activity	4	X		PED 324 Physical Fitness	1	X	
PED 322 Kinesiology	3	X		PED 325 Physiology of Exercise	4	X	
PED Alternative/Lifetime Sports	1-2	X		PED 467 Sport Making	3	X	
MLR 301 Principles of Management	3	X		PED 465 Law & Policy of Sport	4	X	
<i>Semester Total</i>	<i>14-15</i>			<i>Semester Total</i>	<i>15</i>		

Fourth Year

Fall Semester				Spring Semester			
	Credits	Major	Gen Ed		Credits	Major	Gen Ed
PED 435 Physical Educ for Students w/Disabilities	4	X		PED 445 Gateway to the Profession	3	X	
PED 472 Physiology of Aging	3	X		PED 480/481 Internship & Senior Seminar	8-12	X	CAP
PED 470 Exercise Testing & Prescription	3	X					
PED 415 Evaluation in Physical Education	3	X					
PES Activity Course	1	X					
<i>Apply for Spring graduation prior to Sep 9th</i>							
<i>Semester Total</i>	<i>14</i>			<i>Semester Total</i>	<i>11-15</i>		
<i>Degree Total: 112-121 hours (Minimum hours required for degree is 125)</i>							

Assumptions: college-level readiness in MTH & ENG; no Foreign Language Deficiency

College/ Program Notes:

The plan above is a suggested guide to ensure that all General Education, College, University, and Major requirements are met within 4 years of study. Students may deviate from the suggested placement of Gen Ed courses, although the M/QL and W/C requirements should be completed during the first year of study.

*General Electives ensure that a student accumulates the minimum credit hour totals needed for graduation. Students must have a **minimum of 125 total credit hours**. Depending upon other elective choices made, students may need additional electives.

**At least one of these courses must also be a WAC or SPAC ccourse.

University Notes:

Gen Ed Key:	SS = Social Sciences Requirement (2 courses, one of which must be focused outside the US**)
INTRO = Introduction to University Life Requirement (one course)	A&H = Arts & Humanities Requirement (2 courses, one must be focused outside the US**)
W/C = Writing/Composition Requirement (two courses; C or better required)	DIV = Social Diversity Requirement (2 courses; one US Diversity and one African American Exp.)
M/QL = Mathematics/Quantitative Literacy Requirement (two courses)	WAC/SPAC = Writing/Speaking Across the Curriculum Requirement (3 courses, one in the major)
NS = Natural Sciences (two courses, one of which must have a lab)	CAP = Capstone Requirement
** of the SS and A&H courses focused outside the US, one must be focused on Africa, Latin America, Asia or the Middle East (ALAAME)	

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Cleveland State University
College of Education and Human Services
Bachelor of Science in Education
Sport Management

First Year								
Fall Semester	Credits	Major	Gen Ed	Spring Semester	Credits	Major	Gen Ed	
ASC 101 Intro to University Life	1		INTRO	ENG 102 College Writing II	3		W/C	
ENG 101 College Writing I	3		W/C	MTH 117 Math Applications in Real World	4		M/QL	
MTH 116 Foundations of Quantitative Literacy	4		M/QL	GAD 250 Business Communicaton	3	X		
HED 210 Healthy Lifestyle Choices	3	X		HED 200 First Aid/Emergency Care	2	X		
PED Forms of Movement Group I	1	X		Personal Skills (PES/PED) Elective	1	X		
PES Activity Course	1	X		Social Sciences Elective (NOT ECN)**	3-4		SS	
Arts & Humanities Elective (NOT DAN)**	3-4		A&H					
<i>Semester Total</i>	<i>16-17</i>			<i>Semester Total</i>	<i>16-17</i>			

Second Year								
Fall Semester	Credits	Major	Gen Ed	Spring Semester	Credits	Major	Gen Ed	
ECN 201 Principles of Macroeconomics	3	X	SS	PED 205 Intro to Sport Management	3	X		
PED 200 Foundations of Sport, Exercise, & Movement	2	X		ACT 221 Introductory Accounting	3	X		
BIO 266/267 Anatomy & Physiology I w/Lab	4	X	NS	BIO 268/269 Anatomy & Physiology II w/Lab	4	X	NS	
HPR 250 Diversity and Sports	3	X	US-DIV	IST 203 Software Tools	3	X		
DAN 201 Introduction to Dance	3	X	A&H	African American Diversity Elective**	3-4		AA-DIV	
<i>Semester Total</i>	<i>15</i>			<i>Semester Total</i>	<i>16-17</i>			

Third Year								
Fall Semester	Credits	Major	Gen Ed	Spring Semester	Credits	Major	Gen Ed	
MLR 301 Principles of Management	3	X		HED 475 Nutrition & Physical Activity	3	X	WAC	
PED 430 Psychosocial Aspects of Physical Activit	4	X		PED 324 Physical Fitness	1	X		
PED 322 Kinesiology	3	X		PED 325 Physiology of Exercise	4	X		
Planned Elective Allied Sport Professions	3	X		PED 467 Sport Making	3	X		
Planned Elective Allied Sport Professions	0-3	X		PED 461 Sport Governance	3	X		
				PED Forms of Movement Group II	1	X		
<i>Semester Total</i>	<i>13-16</i>			<i>Semester Total</i>	<i>15</i>			

Fourth Year								
Fall Semester	Credits	Major	Gen Ed	Spring Semester	Credits	Major	Gen Ed	
PED 435 Physical Educ for Students w/Disabilitie	4	X		PED 445 Gateway to the Profession	3	X		
PED 465 Law and Policy of Sport	4	X		PED 480/481 Internship & Senior Seminar	8-12	X	CAP	
PED 466 Sport Facility Management	3	X	WAC					
Planned Elective Allied Sport Professions	3	X						
PED Alternative/Lifetime Sports	1-2	X						
Apply for Spring graduation prior to Sep 9th								
<i>Semester Total</i>	<i>15-16</i>			<i>Semester Total</i>	<i>11-15</i>			
Degree Total: 117-129 hours (Minimum hours required for degree is 125)								

Assumptions: college-level readiness in MTH & ENG; no Foreign Language Deficiency

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